

# JANUARY 2018




# RENAISSANCE CENTRE EVENTS



**Regency Retirement Village of Jackson**

420 Cheyenne Drive | Jackson, TN 38305 | (731) 661-9888

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>1</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 It's Trivial 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>2</b> 8:30 The Morning Circle 9:30 Group Exercise/ Kick Ball 10:00 Pet Therapy with Jake 1:00 Famous Sayings 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>3</b> 8:30 The Morning Circle 9:00 Noodle Exercise 10:00 The Singing Painter; FL 1:00 Activity with Jill 2:00 Art & Devotion with Beverly 3:00 Bean Bag Toss 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>4</b> 8:30 The Morning Circle 9:15 Parachute Exercise 10:00 Bible Blessings with Melissa 1:00 - 3:30 The American Art Academy 3:30 Group Sing a Long 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>5</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Art & Crafts 10:45 Lunch Out/ Dumplins 2:00 Singing/John Bishop 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>6</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Snack 10:30 Music Therapy with Marya 1:00 Story Hour 2:00 Easy Listening Music & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretching	
	<b>7</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>8</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 It's Trivial 2:00 Easy Listening Music & Snacks 3:00 Hangman Challenge 3:30 Music & Memory Sync 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>9</b> 8:30 The Morning Circle 9:30 Group Exercise/ Kick Ball 10:00 Poetry Day 11:00 Bible Sing a Long; FL 1:00 Hand Massages with Lotion 2:00 Easy Listening Music & Snacks 3:00 Cottonball Snowman 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>10</b> 8:30 The Morning Circle 9:00 Noodle Exercise 10:00 Food JINGO 1:00 Group Sing a Long 2:00 Art & Devotion with Beverly 3:00 Target Ball Toss 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>11</b> 8:30 The Morning Circle 9:15 Parachute Exercise 10:00 Bible Blessings with Melissa 1:00 Current Events & Discussion 2:00 Singing/Ken Mallard; FL 3:00 Art & Crafts with Jill 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>12</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Art & Crafts 10:45 Lunch Out/Dumplins 2:00 Snacks & Easy Listening Music 3:00 Bingo 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>13</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 Story Hour 2:00 Easy Listening Music & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretching
	<b>14</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>15</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Green Ministry 1:00 It's Trivial 2:00 Strawberry Ice Cream Day 3:00 Bingo 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>16</b> 8:30 The Morning Circle 9:30 Group Exercise/ Kick Ball 10:00 Winter Dot Painting 1:00 Chicken Soup for the Soul 2:00 Jim's Country Music & Old Time Gospel; FL 3:00 Bowling 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>17</b> 8:30 The Morning Circle 9:00 Noodle Exercise 10:00 It's Trivial 11:30 What's Cooking Wednesday 1:00 Group Sing a Long 2:00 Art & Devotion with Beverly 3:00 Bean Bag Toss 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>18</b> 8:30 The Morning Circle 9:15 Parachute Exercise 10:00 Bible Blessings with Melissa 1:00 Aromatherapy 1:30 Show & Tell (Reminiscing) 2:00 Art & Crafts with Jill 3:00 Junk Drawer Activity 3:30 Magazine & Book Reading	<b>19</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Hand Massages with Lotion 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>20</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 Story Hour 2:00 Easy Listening Music & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretching
	<b>21</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>22</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 It's Trivial 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>23</b> 8:30 The Morning Circle 9:30 Group Exercise/ Kick Ball 10:00 Junk Drawer Activity 1:00 Famous Sayings 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>24</b> 8:30 The Morning Circle 9:00 Noodle Exercise 10:00 Cooking/ Peanut Butter & Jelly Sandwiches 1:00 Group Sing a Long 2:00 Art & Devotion with Beverly 3:00 Bowling 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>25</b> 8:30 The Morning Circle 9:15 Parachute Exercise 10:00 Bible Blessings with Melissa 1:00 Group Sing a Long 1:30 Show & Tell (Reminiscing) 2:00 Art & Crafts with Jill 3:00 Junk Drawer Activity 3:30 Magazine & Book Reading	<b>26</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 It's Trivial 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>27</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 Story Hour 2:00 Easy Listening Music & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretching
	<b>28</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>29</b> 8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 It's Trivial 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretching	<b>30</b> 8:30 The Morning Circle 9:30 Group Exercise/ Kick Ball 10:00 Art & Crafts 1:00 Hand Massages with Lotion 2:00 Easy Listening Music & Snacks 3:00 Word Search Puzzles 5:30 Cleanup Time 6:00 Afternoon Stretches	<b>31</b> 8:30 The Morning Circle 9:00 Noodle Exercise 10:00 Food JINGO 1:00 Group Sing a Long 2:00 Art & Devotion with Beverly 3:00 Bean Bag Toss 3:30 Music & Memory Sync 5:30 Cleanup Time	