

# OCTOBER 2018

# RENAISSANCE CENTRE EVENTS

**Regency Retirement Village of Jackson**

420 Cheyenne Drive | Jackson, TN 38305 | (731) 661-9888

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Bingo for Prizes 1:30 Sit & Be Fit/Ms.Willie 2:00 Hydration & Snacks 3:00 Art/ Paint a Picture 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Pet Therapy with Jake 10:20 Junk Drawer Activity 1:00 It's Trivial 2:00 Scenic Bus Ride 2:00 Hydration & Snacks 3:00 Parachuting 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 The Singing Painter 1:30 Sit & Be Fit/Ms. Willie 2:00 Wal-Mart Shopping 2:00 Hydration & Snacks 3:00 Bingo 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Abstract Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bingo for Prizes 1:00 Pretty Nails by Paige 1:45 Hydration & Snacks 2:00 Singing/John Bishop; FL 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art/Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches	
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Outreach Ministry/Dan Wilkes;	8:30 The Morning Circle & The Turning Point Devotion 9:30 Flex & Stretch 10:00 Snacks & Hydration 10:15 Bingo for Prizes 1:30 Sit & Be Fit/Ms.Willie 2:00 Hydration & Snacks 3:00 Balloon Volleyball 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Through the Seasons 11:00 Bible Sing a Long; FL 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Colorful Mind 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Zumba Chair Fitness; FL 1:30 Sit & Be Fit/Ms. Willie 2:00 Green Acres Pumpkin Patch 2:00 Hydration & Snacks 3:00 Bingo 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art/ Painting 5:30 Cleanup Time 6:00 Afternoon Stretches 6:30 TV Wheel of Fortune	8:30 The Morning Circle 9:30 Flex & Stretches 10:00 Hydration & Snacks 10:30 Lunch Outing 1:00 Chicken Soup for the Soul 1:30 Memory Ball Activity 2:00 Snacks & Hydration 3:00 Bingo for Prizes 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art/Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches	
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Outreach Ministry/Dan Wilkes;	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Snacks & Hydration 10:00 Green Ministry 1:30 Sit & Be Fit/Ms.Willie 2:00 Singing/Ken Mallard; FL 3:00 Bingo for Prizes 5:30 Cleanup Time 6:00 Afternoon Stretches 6:30 TV Wheel of Fortune	8:30 The Morning Circle & The Turning Point Devotion 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:00 Scenic Bus Ride 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Balloon Volleyball 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Fall Crafts 11:30 What's Cooking Wednesday 1:30 Sit & Be Fit/Ms. Willie 2:00 Hydration & Snacks 3:00 Bingo 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art/ Painting & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches 6:30 TV Wheel of Fortune	8:30 The Morning Circle 9:30 Flex & Stretches 10:00 Hydration & Snacks 10:15 Bingo for Prizes 1:00 Musical Engagement 2:00 Pretty Nails by Paige 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches 6:30 TV Wheel of Fortune	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art/Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches	
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8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Outreach Ministry/Dan Wilkes;	8:30 The Morning Circle & The Turning Point Devotion 9:30 Flex & Stretch 10:00 Bingo for Prizes 1:30 Sit & Be Fit/Ms.Willie 2:00 Hydration & Snacks 3:00 Balloon Volleyball 5:30 Cleanup Time	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Short Stories & Discussion 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Balloon Volleyball 5:30 Cleanup Time 6:00 Afternoon Stretches 6:30 TV Wheel of Fortune	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Game Time 1:30 Sit & Be Fit/Ms. Willie 2:00 Monster Bash Party with Jim Wiseman; FL 3:00 Snacks 5:30 Cleanup Time				