


NOVEMBER 2018

RENAISSANCE CENTRE EVENTS

Regency Retirement Village of Jackson

420 Cheyenne Drive | Jackson, TN 38305 | (731) 661-9888

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bingo for Prizes 1:00 Pretty Nails by Paige 1:45 Hydration & Snacks 2:00 Singing/John Bishop; FL 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Outreach Ministry/Dan Wilkes;	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Bingo for Prizes 1:30 Sit & Be Fit/Ms.Willie 2:00 Hydration & Snacks 3:00 Art/ Paint a Picture 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Pet Therapy with Jake 10:20 Junk Drawer Activity 1:30 Bingo with Union University 2:00 Hydration & Snacks 3:00 Parachuting 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 The Singing Painter 1:30 Sit & Be Fit/Ms. Willie 2:00 Wal-Mart Shopping 2:00 Veterans Program; FL 3:00 Bingo 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bingo for Prizes 1:00 Famous Saying 1:45 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches
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8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Outreach Ministry/Dan Wilkes;	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Green Ministry 1:30 Sit & Be Fit/Ms.Willie 2:00 Hydration & Snacks 3:00 Bingo 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Art & Crafts 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Parachuting 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Current Events & Discussion 1:30 Sit & Be Fit/Ms. Willie 2:00 Hydration & Snacks 3:00 Bingo 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bingo for Prizes 1:00 Famous Sayings 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Outreach Ministry/Dan Wilkes;	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Bingo for Prizes 1:30 Sit & Be Fit/Ms.Willie 2:00 Group Activity with Lori/ Caris Healthcare 3:00 Bean Bag Toss 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Current Events & Discussion 1:00 It's Trivial 2:00 Scenic Bus Ride 2:00 Hydration & Snacks 3:00 Parachuting 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Zumba Chair Fitness 1:00 The American Art Academy 2:00 Residents Birthday Celebration 2:00 Hydration & Snacks 3:00 Bingo 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Jackson Careers & Technology School; FL 10:00 1st Baptist Senior Choir; FL 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing a Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bingo for Prizes 1:00 Famous Sayings 2:00 Pretty Nails by Paige 3:00 Art & Crafts 5:30 Cleanup Time	
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