

November 4
Daylight Savings Time Ends

November 6
Election Day

November 9
Good Nutrition Day

November 10
Pursue Trivia Day

November 11
Veteran Day

November 13
Harvest Celebrations Day

November 15
Thanksgiving Dinner/
Family & Friends

November 17
Family Volunteer Day

November 22
Thanksgiving Day

November 23
Black Friday

November 25
International Hat Day

November 26
National Cake Day

November 27
Giving Tuesday

November 28
Word Puzzle Wednesday

NOVEMBER NEWSLETTER 2018



Hello Residents,

The summer months have passed, and fall is definitely here. I hope everyone has had a great October. Fall is a favorite time of year for us at Regency Retirement Jackson. We are gearing up for the holidays with many great festivities to look forward to.

As November arrives, families and friends are invited to join with the residents for any of the activities we have planned.

Later in November, families and friends are invited to attend our Thanksgiving Dinner with loved ones. A delicious meal with all the trimmings will be prepared buffet style by our Dietary Department. We are looking forward to celebrating the holidays with everyone, "Regency Style."

Everyone, please continue to check our monthly newsletter and calendars for all the latest upcoming events.

Jennie Spraggins,
Executive Director



Fall Crafts with Rebecca & Lisa – October 1st

Fall is one of our favorite times of the year at Regency. We love all the beautiful colors that are associated with fall. Rebecca and Lisa have volunteered their time to help the residents make crafts for their doors. Each month they come with a different craft for them to try. Everyone loves to participate and show off their talent.



ROMEIO Club Outing – October 16th

We have formed a new club for our gentlemen at Regency. Romeo stands for Retired Old Men Eating Out. The purpose of this club is for our residents to continue being involved in charities and functions outside the community as a group. Today was our first outing. Everyone had lunch at the Frost Top Cafe. The burgers were so delicious. Afterwards we headed over to Tom Leech Auto to check out some antique cars. The cars brought back lots of fond memories for the residents.





What's Cooking Wednesday/Chili Cook Off – October 17th

In our first chili cook off at Regency the management team plus our first responders teamed up. The residents and a panel of judges sampled all the different varieties of chili. The first responders had their chef hats on ready for a challenge. We had a 1st & 2nd place winner. First place went to our Maintenance Director! Our First responders left with second place. All the residents and staff really had such a great time. This is something we will try again.



Wear It Pink Day – October 19th

Residents and staff gathered as we celebrated this special day. Today was designated as Wear It Pink Day in honor of Breast Cancer Awareness Month. Gloria, with Aserecare, was the guest speaker for this program. She implemented a presentation on signs of early detection. Everyone had the opportunity to ask questions. The residents enjoyed eating pink cupcakes. A beautiful balloon release took place in the front parking lot with all pink balloons.





Campus & Community Day *November 6th at 1:30 pm*

This is Union University's 15th Annual Campus-wide Service Day where students, faculty, and staff join together to give thanks to God for his protection over their campus during the past tornadoes. The students always extend their services by volunteering at different assisted livings. Some of the students will join the residents at Regency for a game of Bingo.



Veteran's Day Program *November 7th at 2:00 pm*

A Veteran's Program will be held in recognition of our heroes who have served in the U.S. Military. Kelvin Mercer with Aseracare will be the guest speaker for the afternoon. All Veterans will be recognized with a pin and certificate. The program will conclude with the playing of Taps.



Caregiver Support Group *November 8th at 4:00 pm*

Each month a Caregiver support group will be held on the second Thursday. The location will be at Regency Retirement Village. This group is a resource for the public. It provides emotional, educational, and social support assisting people in maintaining their own personal, physical, and emotional health. It's co-sponsored by Regency & Medical Center Home Health. You do not have to be a resident to attend





Residents Holiday Mart
November 12th from 1:00-2:00 pm

It's that time of year again to host the residents' Holiday Mart. This is a fun event where the residents can shop in-house. Gifts are donated by families, volunteers, and churches. Each resident will be given a certain amount of Regency Bucks, so they can purchase the items they want. They always look forward to this event.



What's Cooking Wednesday: Settler's Day

November 21st at 11:30 am

The residents and staff love preparing for What's Cooking Wednesday. The management staff will put on aprons and bonnets to dress Pilgrim Style. Dietary will plan a special meal just for the occasion. The management team will serve the residents during lunch.



Thanksgiving Dinner
November 15th at 5:00 pm

Families/Friends are invited to have Thanksgiving with their loved ones. The Dietary Department will prepare a traditional dinner buffet style with turkey & dressing and all the trimmings, plus dessert. The meal prices are Adults \$10.00, Children 12 and under \$5.00. If you would like to attend, please let us know by calling **731-661-9888** with the number of family attending.



Jackson Careers & Technology School

November 30th at 9:30 am

Every year around this time, local schools start preparing to come sing for the residents. Jackson Careers Technology School will perform for the residents on this date. They will bring 35-40 students to sing Patriotic and Christmas songs for the residents. We always enjoy this time. It gives the residents a chance to socialize with the students.

***SAVE
THE
DATE***

December 7th — FUNtastic Friday

December 13th — Christmas Potluck Dinner



Ima Jo Pearson

Ms. Pearson has been a resident of the community for almost 7 years. She was born and raised in Henderson, TN. She worked at a telephone company for one year, then was a housewife after marrying the late Bunny Noel Pearson. He took on the role of working for AT&T for 38 years. Together they had two children, three grandchildren & five great grandchildren. Some of Ima Jo's hobbies were crafting, sewing, cooking, painting, and gardening. We are blessed to have her as part of this community.

FUN FACTS

- In 1789, the first national holiday of Thanksgiving was observed in honor of the creation of the new United States Constitution.
- Sarah Josepha Hale is referred to as the Godmother of Thanksgiving for urging governors, editors, ministers, and President Lincoln to make Thanksgiving Day a fixed national festival.
- In 1939, pressured by store owners who wanted more shopping days between Thanksgiving and Christmas, President Franklin D. Roosevelt changed Thanksgiving from the fourth to the third Thursday in November. In 1941, it was changed back to the fourth Thursday.
- Turkey became the traditional Thanksgiving fare because at one time it was a rare treat due to its cost.

WELCOME NEW RESIDENTS!



Tina Fairless
Grady Mckewen

HAPPY BIRTHDAY!

Resident

Willie Larson **Nov. 3**
 Malcolm Patterson **Nov. 6**
 Kathy Latham **Nov. 10**
 Ima Jo Pearson **Nov. 17**
 Joyce Barefoot **Nov. 17**
 Ann Jackson **Nov. 20**
 Betty King **Nov. 27**

Employee

Arethia Whiteside **Nov. 2**
 Debbie Loncar **Nov. 4**
 Darlene Montague **Nov. 9**

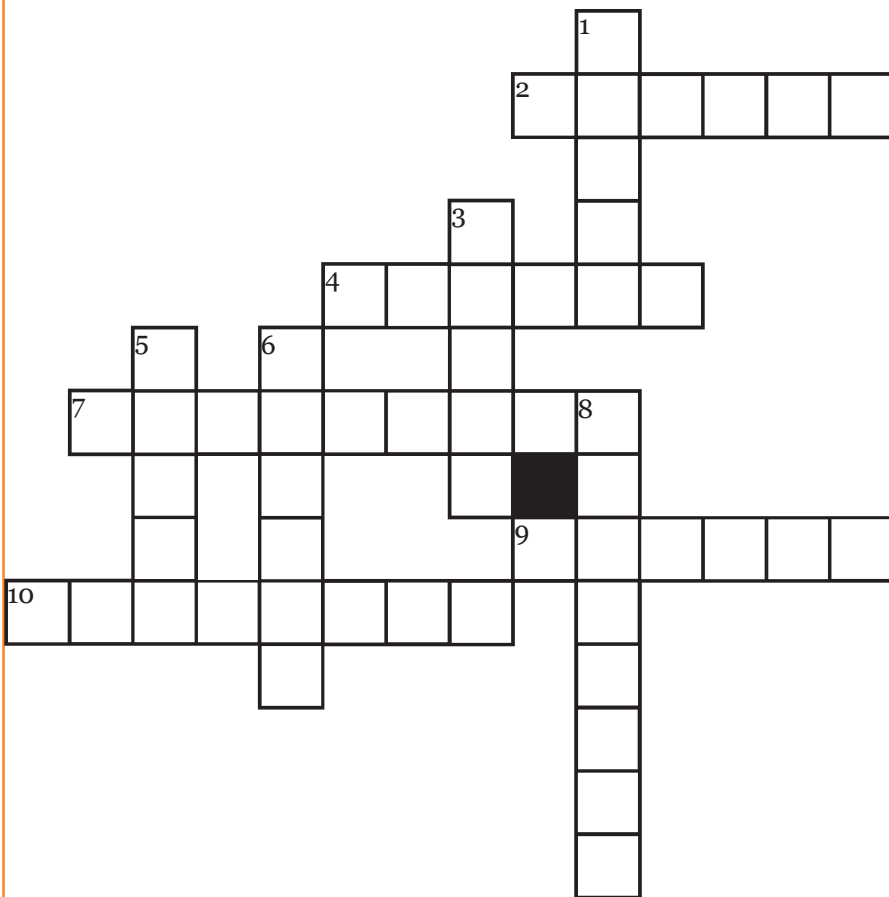


WORD FIND

A W M J S O P V Q J R N D P Z W R N M G G Q X M Y
 H N S A L Q L Z X A R T P C J F I E S N A E B V W
 O K A E H W U M A S H E D A T K T C J I X T A M J
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|-----------|-------|-----------------|-------------|----------|
| APPLE PIE | CORN | MASHED POTATOES | MILK | SQUASH |
| BEANS | GRAVY | CRANBERRY SAUCE | PUMPKIN PIE | STUFFING |
| BREAD | HAM | SWEET POTATOES | ROLLS | TURKEY |

CROSS-WORD



Across

2. Reddish growth that covers the throat and neck of a turkey.
4. Main course at Thanksgiving supper.
7. Another word for family members.
9. Thanksgiving Season.
10. People who have migrated to a different land from where they were born.

Down

1. Another name for corn.
3. Sauce to pour over turkey.
5. A celebratory, large meal.
6. You visit them on Thanksgiving
8. Type of filling.

EMPLOYEE OF THE YEAR

Walter Reid



Regency Retirement Village of Jackson is proud to announce our Employee of the Year, Mr. Walter Reid. He has worked for Regency for almost 5 years. He cooks and serves in the Dietary Department. His dedication to his team and residents has been outstanding. Walter is a people person. He loves to interact with the residents and anyone else that steps into the Dining Room. He's always willing to lend a helping hand. He comes to work everyday, and doesn't miss a beat. He's always looking out for everyone else.

EMPLOYEE OF THE MONTH

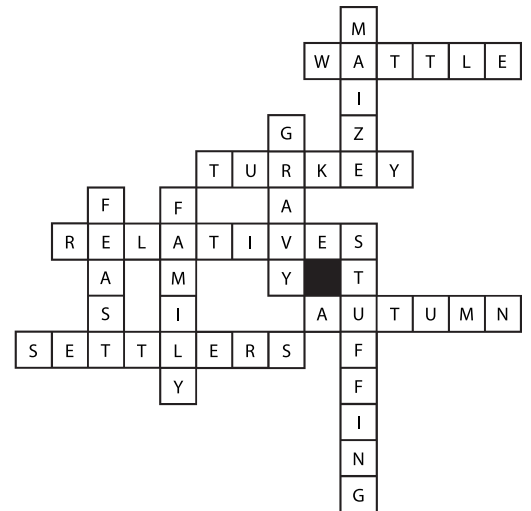
Ravin Harmon



Congratulations to Ravin for being selected as Employee of the Month. Ravin is one of our great nurses that work in the Assisted Living department. She is very dedicated to the residents and community. She's always willing to lend a helping hand wherever she's needed. We are very proud to have her as part of the nursing team.

ANSWER KEY:

A W M J S O P V Q J R N D P Z W R N M G G Q X M Y
 H N S A L Q L Z X A R T P C J F I E S N A E B V W
 O K A E H W U M A S H E D A T K T C J I X T A M J
 S S Y H O A M A E I P P P K P P U U K F E R E C D
 L H W F G T U K S P X P D M R Q R A T F G F T O P
 Y R R E B N A R C H L H U A P X K S U U H E R R C
 R L T M E Z D T Y E E P H J E A E K A T L R M N H
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