

FEBRUARY 2019

RENAISSANCE CENTRE EVENTS

Regency Retirement Village of Jackson

420 Cheyenne Drive | Jackson, TN 38305 | (731) 661-9888

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Pretty Nails by Paige 2:00 Singing with Mr. Bishop 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing-a-Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art: Adult Coloring 5:30 Cleanup Time
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Bingo 1:00 It's Trivial IN2L 2:00 Easy Listening Music & Snacks 3:00 Craft/Valentine Cards 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Fellowship Bible Group 1:00-3:30 The American Art Academy 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement IN2L 9:30 Flex & Stretch 10:00 The Singing Painter; FL 1:00 Art & Crafts 2:00 Easy Listening Music & Snacks 3:00 IN2L System 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 10:45 Lunch Outing: Old Town Spaghetti Store 1:00 Chicken Soup for the Soul 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing-a-Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art: Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Bingo 1:00 Fill-in-the Blanks 2:00 Easy Listening Music & Snacks 3:00 IN2L System 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Fellowship Bible Group 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Balloon Volleyball 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement IN2L 9:30 Flex & Stretch 10:00 Zumba Chair Fitness; FL 1:00 IN2L System 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Valentine Party & Dancing; FL 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Pretty Nails by Paige 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing-a-Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art: Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Green Ministry 1:00 Discuss & Recall 2:00 Singing with Ken Mallard; FL 3:00 Bingo for Prizes 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Fellowship Bible Group 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Balloon Volleyball 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement IN2L 9:30 Flex & Stretch 10:00 Reminiscing with the Senses 1:00 Ribbon Dancing 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo 1:00 Stringing Fruit Loops 2:00 Easy Listening Music & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:00 Group Sing-a-Long 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing 2:00 Hydration & Snacks 3:00 Art: Adult Coloring 5:30 Cleanup Time 6:00 Afternoon Stretches
8:30 The Morning Circle 9:30 Group Exercise 10:00 Bingo for Prizes 1:00 Bible Devotion & Sing-a-Long 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Devotion 9:30 Flex & Stretch 10:00 Bingo 1:00 Famous Sayings 3:00 IN2L System 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9:30 Flex & Stretch 10:00 Fellowship Bible Group 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Balloon Volleyball 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle & The Turning Point Devotion 9:00 Musical Engagement IN2L 9:30 Flex & Stretch 10:00 Zumba Chair Fitness; FL 1:00 Famous Sayings 2:00 Monthly B/D Celebration 3:00 Art & Crafts 5:30 Cleanup Time	8:30 The Morning Circle 9:00 Musical Engagement 9:30 Flex & Stretch 10:00 Hydration & Snacks 10:15 Bible Blessings with Melissa 1:00 It's Trivial 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time		