



APRIL NEWSLETTER 2019

- April 1**
April Fool's Day
- April 2**
World Autism
Awareness Day
- April 3**
Let's Walk Day
- April 11**
National Pet Day
- April 12**
Grilled Cheese
Sandwich Day
- April 13**
A Poetic Day
- April 14**
Palm Sunday
- April 15**
Tax Day
- April 19**
Good Friday
- April 21**
Easter
- April 22**
Earth Day
- April 26**
Arbor Day
- April 27**
Tell A Story Day



Hello Residents,

April is full of activities for our residents. I will just name a few of the activities that Darlene and Missy have planned for the month of April.

- Knitting, Crafts, Trivia, Bingo
- Health Chat, Ice Cream, Bible Blessings, Popcorn/Movies
- Nails, Spa Day, Zumba, Voting
- Lunch Out/Old Hickory, Music Therapy, Art Therapy, Bingo Group
- Auction, What's Cooking Wednesday, Easter Celebration, Veterans Fireside Chat
- Mani Pedi Day, Pedicures, Jazz Day

And a whole lot more!

We thank our wonderful volunteers for the time they donate to enrich our community. If you have any ideas for activities please call Darlene at 731-661-9888.

Our Veterans will have paintings on display at the City Hall during the month of April. Be sure to go by and check them out.

Jennie Spraggins,
Executive Director





Mardi Gras – March 5th

We had a New Orleans style celebration for Fat Tuesday. The day started with a delicious pancake breakfast. That afternoon's celebration wouldn't have been complete without beads, plenty of cake, and ice cream. All the residents wore a variety of beads as they enjoyed listening to music played by The Potluck Pickers.



Lunch at Cheddar's – March 8th

The residents enjoyed a short bus ride to Cheddar's Scratch Kitchen. It was a rainy day, but we did not let it stop us from getting out. Everyone was very eager to get off the bus to see what was on the menu. It was everything from steaks to seafood to meatloaf. It took everyone a while to decide what they wanted, but it was well worth it. It will definitely be on our list of places to go back to.



Employee of the Year Celebration – March 12th

The residents and staff joined in on a huge celebration for the Employee of the Year. Congratulations to Sherry Overton! Sherry was honored for all her hard work, loyalty, and dedication to Regency and the residents. This event took place in the front lobby. The Dietary Department prepared some delicious snacks for everyone to enjoy.



St. Patrick's Day Party – March 15th

We definitely went green for St. Patrick's Day! The residents and staff joined in for an Irish celebration. The residents wore green hats just for this celebration. Some of the residents had never tried a green milkshake. They loved it! They were even more amused watching as we made them. It would not have been an Irish celebration without mini Reuben sandwiches & green cake balls. A great time was had by all!



Health Chat / World Autism Awareness

April 2nd at 10:00 am

April is World Autism Month. Residents are encouraged to join in for this Health Chat. Amanda Johnson will be speaking on the signs and symptoms of autism. She will stress the importance of recognizing the early signs of autism and seeking early intervention services. Everyone will have the opportunity to ask questions.



Zumba Chair Fitness

April 10th at 10:00 am

It's Zumba Time! The residents love this chair exercise. This exercise allows the residents to sit in a chair with their feet comfortably on the floor. We begin by turning on some rhythmic music. Shoulder rolls, stationary march, overhead rainbow, and knee extensions. It is an enjoyable exercise for all.



Madison County Elections

April 11th at 10:15 am

It's that time again. I just wanted to touch base with each resident to let everyone know about the upcoming election. Early voting will take place for the Regency residents on April 11th. This is a City of Jackson Municipal Election where a new Mayor and City Council will be elected. Forms for registration and change of address can be found on madisonelections.com



Eldercare Luncheon ***April 11th at 11:30 am***

Join us for a special lunch at Regency on April 11th at 11:30 am. The guest speaker will be attorney Pam Wright. Ms. Wright will be briefing on Legal Planning, Durable Power of Attorney, Power of Attorney for Health Care, Advanced Directive, Basic, Will, & Special Needs Trust. If you would like to attend, please contact Sabrina Young at: 731-695-0796 or syoung@regencyretirement-jackson.com



What's Cooking Wednesday: Cruising The Caribbean ***April 17th at 11:30 am***

Residents and staff are invited to join in on this event as we cruise the Caribbean. The Dietary Department will prepare a special meal just for this event. Let's get ready to have some fun.



Easter Egg Hunt and Party ***April 18th at 2:00 pm***

It's time for an Easter celebration. We will be busy dying Easter eggs and making baskets before the party. The egg hunt will take place in the courtyard. Prizes will be awarded to the resident that finds the "golden egg" and to the person who finds the most eggs. After the hunt, we will enjoy a party complete with snacks and a visit from the Easter bunny.



Volunteer Luncheon ***April 23rd at 11:30 am***

National Volunteer Week is observed April 7-13. A special luncheon will be held in their honor. We would like to show our appreciation to the many volunteers we have who contribute their time to the residents and community. We appreciate all volunteers.

***SAVE
THE
DATE***

May 3 — FUNtastic Friday
May 12 — Mother's Day Lunch
May 24 — Memorial Day Celebration



Robert Deaton

Congratulations to Mr. Deaton for being selected into the Residents Spotlight. Mr. Deaton was born and raised in Madison County. He attended Beech Bluff Schools. After high school, he worked for TVA for several years. Later, he served in the Armed forces for a few years. Afterwards, he started working with TVA again. Mr. Deaton and his wife had 2 children. He has several grandchildren. Mr. Deaton loves telling jokes. He brings much joy and laughter to the community. We are so blessed to have him as part of the Regency family.

CAREGIVER SUPPORT GROUP Resource for Public!

April 11th | 4:00 pm
Regency Retirement Jackson

Our monthly caregiver support group meeting will be focusing on Long-term Care Insurance.

GUEST SPEAKER:

Jason Schultz
Certified Financial Planner

FUN FACTS

- In 18th century Scotland, the April Fools' Day tradition became a two-day event, starting with "hunting the gowk," in which people were sent on phony errands and followed by Talie Day, which involved pranks played on people's derrieres, such as pinning fake tails or "kick me" signs on them.
- A journalist by the name of J. Sterling Morton founded Arbor Day. The first-ever Arbor Day was held in Nebraska on April 10, 1872.
- It wasn't until the Victorian era that dyed Easter eggs became something to give to children rather than to the Church, the poor or to local authorities.
- The first White House Easter Egg Roll took place in 1878.

WELCOME NEW RESIDENTS!



Jo Anne Roe

Jerry White

HAPPY BIRTHDAY!

Resident

Ike Castellaw **Apr. 23**

Sue Jordan **Apr. 23**

Ruth Waggoner **Apr. 29**

Employee

Stephanie Hunington **Apr. 13**

Jerry Patrick **Apr. 23**

Vella Greer **Apr. 28**



WORD FIND

U B S K E N V I R O N M E N T L K H G P L I S Z O
 W K U C G P T T P E K O J T A C A N A D I D E L I
 G W M T X V O H Y N K G W M G H R S A F L Y E V B
 C Q W R T D X Z Y B G Z B F O R S C U R Y Y R B Q
 D A U U T E G C G U I S B J T I X G R I P D T Y U
 Q P R E S U R R E C T I O N O S N S U S E J I J V
 G H A D V N A F V O H Z A N G T O U F T V W P W V
 W S F L X Q U N L W P L T N O I X I F I C U R C D
 Q P X P M R J K R Y P W T K G A N X E Y W Q M Q L
 E A R T H S N K I C Q H K U W N W Z I O U L P E G

BUTTERFLY

CHRISTIAN

LILY

ENVIRONMENT

EARTH

LAMB

RESURRECTION

JOKE

TREES

PALMS

JESUS

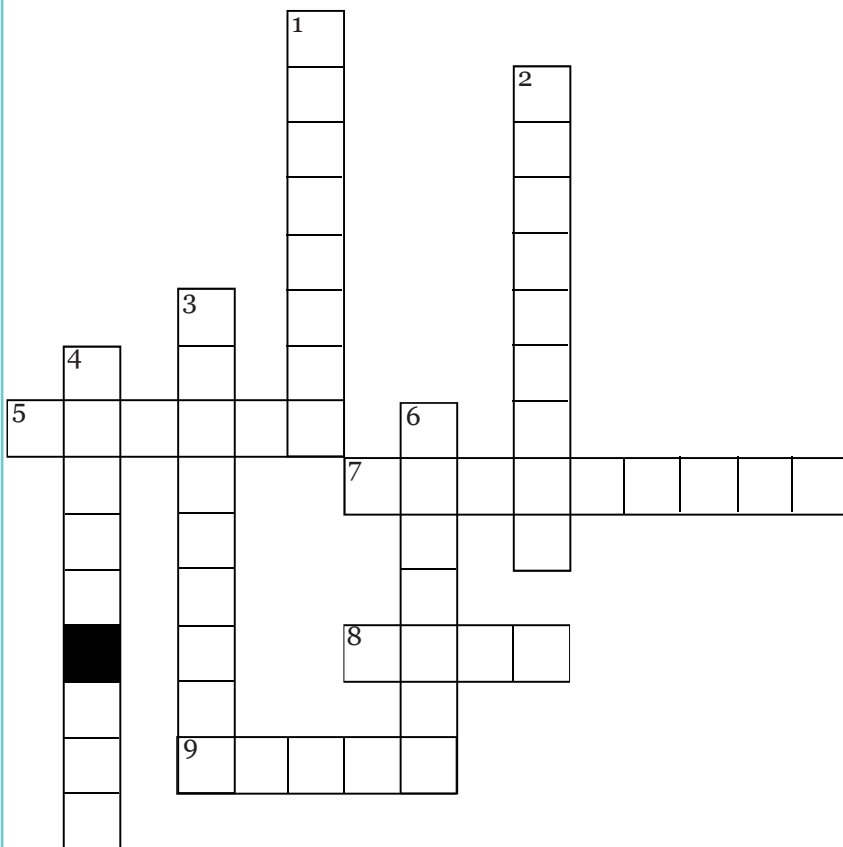
CRUCIFIXION

PRANK

PLANT

PASSION

CROSS-WORD



Across

- 5. Another term for Easter.
- 7. Represents eternal life.
- 8. Represents purity and honesty.
- 9. President responsible for nationwide recognition of Arbor Day.

Down

- 1. State where Arbor Day originated.
- 2. _____ rabbits and eggs are popular Easter treats.
- 3. Era when dying Easter eggs became a children's activity
- 4. Founded by Gaylord Nelson.
- 6. Fabergé eggs were first presented to this court.

EMPLOYEE OF THE YEAR

Sherry Overton



Congratulations to Sherry for being selected as Employee of the Year. This is well deserved. We really can't say enough about what a wonderful job Sherry has done. Sherry is always on time and always does whatever she's asked to do. If you need her to come in, Sherry will soon be coming through the doors. That's how dedicated she is. If she sees something that needs to be done, she does it. Sherry is very compassionate and loving to the residents. We are very proud to have Sherry as an employee of Regency. She definitely goes over and beyond her duties assisting the residents with their activities of daily living.

EMPLOYEE OF THE MONTH

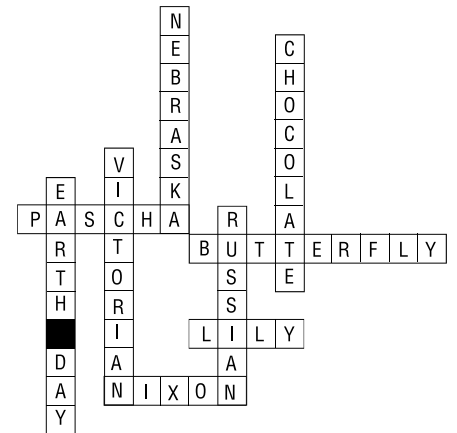
Stephanie Hunington



Congratulations to Stephanie for being selected as Employee of the Month. Stephanie works as a Nurse in Assisted Living. She is very dedicated to our residents and families. We love having her as part of the Regency Team!

ANSWER KEY:

U B S K E N V I R O N M E N T L K H G P L I S Z O
 W K U C G P T T P E K O J T A C A N A D I D E L I
 G W M T X V O H Y N K G W M G H R S A F L Y E V B
 C Q W R T D X Z Y B G Z B F O R S C U R Y Y R B Q
 D A U U T E G C G U I S B J T I X G R I P D T Y U
 Q P R E S U R R E C T I O N O S N S U S E J I J V
 G H A D V N A F V O H Z A N G T O U F T V W P W V
 W S F L X Q U N L W P L T N O I X I F I C U R C D
 Q P X P M R J K R Y P W T K G A N X E Y W Q M Q L
 E A R T H S N K I C Q H K U W N W Z I O U L P E G



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