

# MAY 2019

## RENAISSANCE CENTRE EVENTS

**Regency Retirement Village of Jackson**

420 Cheyenne Drive | Jackson, TN 38305 | (731) 661-9888

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			8:30 The Morning Circle 1 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 The Singing Painter; FL 1:00 Art IN2L 2:00 Easy Listening Music & Snacks 3:00 Trivia; IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 2 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Famous Sayings 1:00 Pet Therapy with Jake 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 3 9:00 Devotion IN2L 9:30 Group Exercise IN2L 10:00 Bingo 1:00 Pretty Nails by Paige 2:00 Singing/Mr. Bishop 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 4 9:00 Group Sing a Long 9:30 Flex & Stretch IN2L 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing IN2L 2:00 Hydration & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time
8:30 The Morning Circle 5 9:30 Group Exercise IN2L 10:00 Bingo for Prizes 1:00 Devotion IN2L 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 6 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Bingo 1:00 It's Trivial IN2L 2:00 Snacks & Hydration/ Music IN2L 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 7 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Fellowship Bible Group 1:00 Sensory IN2L 2:00 Snacks & Hydration 3:00 Karaoke IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 8 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Snacks & Reminiscing 1:00 Art IN2L 2:00 Easy Listening Music & Snacks 3:00 Trivia; IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 9 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Famous Sayings 1:00 Trivia IN2L 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 10 9:00 Devotion IN2L 9:30 Group Exercise IN2L 10:00 Bingo 1:00 Group Sing a Long 2:00 Snacks & Hydration 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 11 9:00 Group Sing a Long 9:30 Flex & Stretch IN2L 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing IN2L 2:00 Hydration & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time
8:30 The Morning Circle 12 9:30 Group Exercise IN2L 10:00 Bingo for Prizes 11:30 Mother's Day Lunch 1:00 Devotion IN2L 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 13 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Bingo 1:00 It's Trivial IN2L 2:00 Snacks & Hydration/ Music IN2L 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 14 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Fellowship Bible Group 1:00 Sensory IN2L 2:00 Snacks & Hydration 3:00 Karaoke IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 15 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Snacks & Reminiscing 1:00 Art IN2L 2:00 Easy Listening Music & Snacks 3:00 Trivia; IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 16 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Famous Sayings 1:00 Trivia IN2L 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 17 9:00 Devotion IN2L 9:30 Group Exercise IN2L 10:00 Bingo 1:00 Group Sing a Long 2:00 Snacks & Hydration 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 18 9:00 Group Sing a Long 9:30 Flex & Stretch IN2L 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing IN2L 2:00 Hydration & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time
8:30 The Morning Circle 19 9:30 Group Exercise IN2L 10:00 Bingo for Prizes 1:00 Devotion IN2L 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 20 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Bingo 1:00 It's Trivial IN2L 2:00 Singing/Ken Mallard; FL 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 21 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Fellowship Bible Group 1:00 Sensory IN2L 2:00 Snacks & Hydration 3:00 Karaoke IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 22 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Snacks & Reminiscing 1:00 Art IN2L 2:00 Easy Listening Music & Snacks 3:00 Trivia; IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 23 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Famous Sayings 1:00 Trivia IN2L 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 24 9:00 Devotion IN2L 9:30 Group Exercise IN2L 10:00 Bingo 1:00 Group Sing a Long 2:00 Snacks & Hydration 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 25 9:00 Group Sing a Long 9:30 Flex & Stretch IN2L 10:00 Hydration & Snacks 10:15 Golden Oldies Music (TV) 1:00 Reminiscing IN2L 2:00 Hydration & Snacks 3:00 Art/ Adult Coloring 5:30 Cleanup Time
8:30 The Morning Circle 26 9:30 Group Exercise IN2L 10:00 Bingo for Prizes 1:00 Devotion IN2L 2:00 Easy Listening Music & Snacks 3:00 Art 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 27 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Bingo 1:00 It's Trivial IN2L 2:00 Snacks & Hydration/ Music IN2L 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 28 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Fellowship Bible Group 1:00 Sensory IN2L 2:00 Snacks & Hydration 3:00 Karaoke IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 29 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Snacks & Reminiscing 1:00 Art IN2L 2:00 Easy Listening Music & Snacks 3:00 Trivia; IN2L 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 30 9:00 Devotion IN2L 9:30 Flex & Stretch IN2L 10:00 Famous Sayings 1:00 Trivia IN2L 2:00 Hydration & Snacks 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	8:30 The Morning Circle 31 9:00 Devotion IN2L 9:30 Group Exercise IN2L 10:00 Bingo 1:00 Group Sing a Long 2:00 Snacks & Hydration 3:00 Art & Crafts 5:30 Cleanup Time 6:00 Afternoon Stretches	