

WHAT'S COMING UP

August 2

National Ice Cream
Sandwich Day

August 6

National Root Beer
Float Day

August 7

National Purple
Heart Day

August 9

National Women's Day

August 14

Navajo Code Talkers Day

August 15

National Relaxation Day

August 16

National Tell a Joke Day

August 17

National Nonprofit Day

August 19

World Humanitarian Day

August 21

National Senior Citizens Day

August 26

Women's Equality Day



AUGUST 2022 NEWSLETTER



Hello Residents & Families,

It's been a blast here at Regency with all of our activities, and August is another full month of just that! Live music, therapeutic exercises, Funtastic Friday, Bible Blessing, and so much more.

We are in the planning stages of our Summer of Fun event, where we'll be inviting families, staff, and the community to join in the 2021 Community of the Year celebration. We dedicate that accomplishment to our residents, staff, and families. We cannot tell you enough how much we appreciate you for allowing us to care for your loved one(s).

We continue to welcome new Regency family members into our community and look forward to all the new friendships that will be made. We encourage everyone to share their ideas for events or activities with Elizabeth, our Activities Director, so that we can bring more entertainment to our residents.

Please remember that we have the promotion "Friends Make the Best Neighbors" and invite your friends to move into the Regency community. If they become a resident, you will receive a free month's rent or a \$2500 check.

We thank you for always believing in Regency and giving us the blessing of caring for your loved one(s)

Carol Wright,
Executive Director



Fourth of July Celebration

Our residents joined together at our July 4th celebration to appreciate our great country and the people who make it possible.



Scenic Drive

We enjoyed a nice relaxing country drive. Sunny days are made much more manageable when there's AC!



Visit from Tux

Look who stopped by! Tux performed some tricks for our residents in Memory Care, and boy did they love him.



The Sunshiners

The Sunshiners did an amazing job performing for our residents. We truly appreciated them sharing their talents and love with us.

FUN FACTS

- » August was once the sixth month of the year. In the original ten-month Roman calendar, the month went by the name of Sextilis, meaning “the sixth month” in Latin. It wasn’t until around 700BC that August was pushed back in the order of months when January and February were added to the beginning of the year by King Numa Pompilius.
- » August has also changed its number of days multiple times. In the ten-month Roman calendar, the months all had either 30 or 31 days, totaling 304 days in the year. Not only did Pompilius add January and February to the calendar, but he also reduced the number of days in August down to 29. It wasn’t until Julius Caesar introduced the Julian calendar that it was left with 31 days, and it’s stayed the same ever since!
- » Another year, another change! After so many changes, you’d think the month would have had enough, but no—in 8 BC, the month was named “August” in honor of the Roman emperor Augustus.
- » August is also a little bit unique, most of the time at least. In a standard year, no other month begins on the same day of the week as August. In a leap year, however, August begins on the same day of the week as February.
- » Many countries in Europe see August as a holiday period. So much so in fact, that you’ll find major European cities, such as Paris, almost entirely empty of locals. Don’t get your hopes up too much, though; these cities are still packed full of tourists at this time of the year!
- » In the northern hemisphere, August is considered to be the last month of summer. In the southern hemisphere, it’s the opposite, of course, so it’s the last of the winter months!
- » Back in the days of the Anglo-Saxons, the month was called Weodmonath. Its translation of “weed month” is quite literal – in this month, weeds and other plants grow the fastest in the northern hemisphere.
- » On August 1st, Lammas day is celebrated as the first day of harvest in the UK. Traditionally it was the day in which harvested wheat would be baked into bread and given to the church. The bread was used as the Communion bread for a special mass to celebrate the beginning of the harvest. This tradition ended when Henry VIII broke away from the Catholic Church.
- » On August 6th, 1762, the first-ever sandwich was created. It was named after the Earl of Sandwich when he requested a dish involving meat between two pieces of bread. As the story goes, he requested it as he was in the middle of a gambling game and didn’t want to interrupt it.
- » Those born in August are brought into this world under one of two star signs. If you were born before August 22nd, you’re considered to be a Leo. If you’re born on the 23rd or later, you’re a Virgo. Leos are said to be very proud people who display great leadership. Virgos, on the other hand, are analytical and hardworking people, while still being kind and loyal.
- » August was a big month for the U.S. Civil Rights Movement. It was on August 28th, 1963, that Martin Luther King Jr gave his famous “I have a dream” speech to 250,000 people on the steps of the Lincoln Memorial in Washington D.C. Considered to be one of the most iconic speeches in the history of the US, King’s speech called for the end of racial discrimination and equal rights to all.
- » August also has two birth flowers – the vibrant multicolored gladiolus and the deep crimson poppy. The gladiolus flower is said to represent generosity, strength of character, and deep sincerity. The poppy flower couldn’t be more different as it is a sign of imagination, eternal sleep, and oblivion!
- » There are some pretty fascinating holidays spread throughout August which are celebrated in different parts of the world. On August 1st, we have World Scout Scarf Day, as well as the Official Birthday and Coronation of the King of Tonga (try saying that in one go!). August 5th is National Underwear Day (US), August 11th is Mountain Day (Japan), August 16th is National Rum Day (US), and August 20th is World Mosquito Day. What a month!



Ice Cream Social

August 2nd at 2:00 pm

Get excited for ice cream sandwiches, followed by chats about the good ol' days!



Root Beer Float Social

August 6th at 1:00 pm

As long as the weather permits, we will be sipping on root beer floats out on the patio.



National Women's Day

August 9th at 2:00 pm

To celebrate the accomplishments of women, we will discuss famous women and then follow the discussion with trivia!



Relaxation Day

August 15th at 3:00 pm

Everyone could use a chance to relax. On August 15th, we will be doing some light yoga together to unwind!



Tell a Joke Day

August 16th at 2:00 pm

It's almost time to share some laughs! We'll be hosting a comedy hour for Tell a Joke Day!



National Senior Citizens Day

August 21st at 2:00 pm

National Senior Citizens Day is dedicated to letting seniors know how much you care and is an opportunity to recognize their accomplishments. Fun fact, President Ronald Reagan proclaimed this holiday in 1988!



Women Equality Day

August 26th at 1:00 pm

Similar to National Women's Day, we will be discussing women's equality and then playing trivia.



Jane Moore

Mrs. Jane Moore was born and raised in Grand Junction, Tennessee, where she attended Grand Junction High School. She ran several races during her time there. After high school, she attended college, where she met her husband, Mr. Joe Moore. They have two daughters together, Melinda Macino and Meredith Moore. Mrs. Moore loves staying active and attending activities. We love you, and thank you for being part of our Regency Family.

WELCOME NEW RESIDENTS! 

Thelma Kemp
 Elbert Anderson
 Jane Preston
 George Neely
 Frank Feyrer
 Joe Moore



Happy Birthday

Resident

Ransel Sirk Aug. 9
 Thomas Lockhart Aug. 11
 Joe Moore Aug. 15
 Connie Lawrence Aug. 22
 Angeline Crews Aug. 23

Employee

Valcentia Haley Aug. 22
 Angela West Aug. 25
 Akelia McGoughy Aug. 26
 Norma Le Aug. 27
 Sharen Long Aug. 30

SUDOKU

PUZZLE 1

	3		6	9				5
		8						
7						3	4	
		1	7					
		9		3		4	2	
2				1				
8	2					9		
		5					3	
	4		8			5	7	2

PUZZLE 2

		8	5						7
				8					
1	2				3	4			
6				5					
			7						3
						3	4	1	2
								7	
		4			6				9
2				3	1				5

WORD FIND

N B D G H Q K O J M R N K B S E X T I L I S M N A
 J X E K V V J U V P A N I N I H G L M E H I O L X
 J J H T F T C Z E C O L H I Q R M A R D R L S E P
 R O M A N L T Z S D T Q C Q M Q Z O T K A A Q G U
 T T G Z U Q T Z U U R S S B X G T E B Y M V U E M
 T O T R Q J Q J V W Q P U S R O C K S T Q A I N I
 F N V O A W E H I T X M M G L A D I O L U S T D C
 B G Q L P J C T U G A Z M D Y F I B S G N G O O E
 O A S D O L R F S V A P E R I D O T H X V S K R D
 T A P O M P E I I S F W R X W P H E Y O P E A C H

SEXTILIS
 ROMAN
 SUMMER

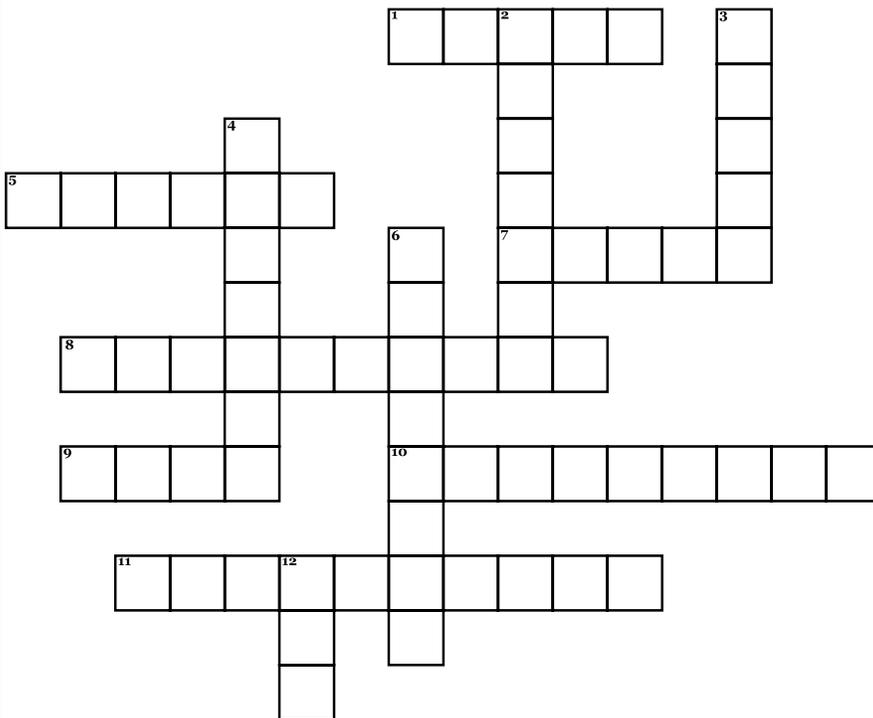
LEGEND
 ROCK
 PANINI

POMPEII
 VESUVIUS
 PUMICE

LAVA
 PERIDOT
 TONGA

GLADIOLUS
 PEACH
 MOSQUITO

CROSS-WORD



Down

2. Mount Vesuvius erupted near the city of _____.
3. Plants that grow the fastest in the month of August?
4. August birthstone?
6. August 20th is _____ Day.
12. If you were born before August 22nd, you're considered to be a _____.

Across

1. August has two birth flowers — the Gladiolus and the deep crimson _____.
5. August is a common name for boys in _____.
7. Rock music legend that died on August 16, 1977?
8. Leos are said to be very proud people who display great _____.
9. In August, the US celebrates National _____ Cheese Month.
10. August 5th is National _____ Day.
11. Virgos are _____, hardworking, kind, and loyal people.

EMPLOYEE OF THE YEAR

Norma Le



Norma Le was born in Alabama but has lived in Jackson for the past 31 years, 13 of which she has been with Regency Remembrance Village. Norma and her husband have two children and four grandchildren. Her favorite thing to do in her time off is caring for her grandchildren!

Norma is a very hard worker, always prompt on her shifts, and very consistent. She is nurturing with every resident, giving them the kindness they so richly deserve. She helps with activities as much as she is able and the family members love her. Norma, we are blessed to have you as part of our Regency Family, and thank you so much for all you do to make this a better place each day. Thank you for your love and care, for treating the residents with respect, and for doing your best every day to be the best at what you do! We love and appreciate you!

EMPLOYEE OF THE MONTH

Stephanie Robertson

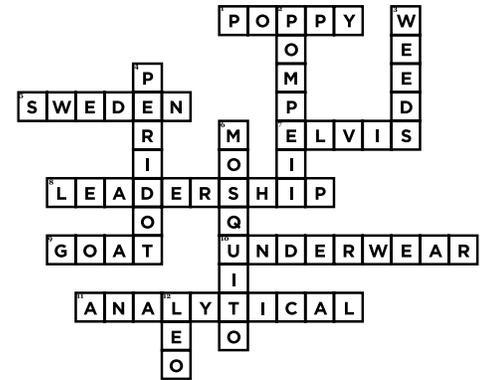


Stephanie Robertson has been with Regency for over a year. She is an amazing caregiver that works in Assisted Living. She goes above and beyond for our residents and is a team

player. Stephanie was born and raised in Houston, Texas, then decided to move to Jackson, Tennessee. She has worked several jobs but found her passion in healthcare, working with the elderly. Stephanie enjoys working with the residents and the staff here at Regency and is also a devoted wife and mother of one 12-year-old son. In her free time, she loves writing poems and has two years of experience with sign language. We love you, and thank you for all that you do!

ANSWER KEY

N B D G H Q K O J M R N K B S E X T I L I S M N A
 J X E K V V J U V P A N I N I H G L M E H I O L X
 J J H T F T C Z E C O L H I Q R M A R D R L S E P
R O M A N L T Z S D T Q C Q M Q Z O T K A A Q G U
 T T G Z U Q T Z U U R S S B X G T E B Y M V U E M
 T O T R Q J Q J V W Q P U S R O C K S T Q A I N I
 F N V O A W E H I T X M M G L A D I O L U S T D C
 B G Q L P J C T U G A Z M D Y F I B S G N G O O E
 O A S D O L R F S V A P E R I D O T H X V S K R D
 T A P O M P E I I S F W R X W P H E Y O P E A C H



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9	6	5	1	7	2	8	3	4	7	4	1	2	6	5	8	3	9
1	4	3	8	6	9	5	7	2	2	9	8	3	1	7	6	5	4