

## WHAT'S COMING UP

### **February 1st**

National Freedom Day  
First Day of  
Black History Month

### **February 2nd**

Groundhog Day

### **February 4th**

World Cancer Day

### **February 7th**

Rose Day

### **February 9th**

National Pizza Day

### **February 12th**

Super Bowl Sunday

### **February 14th**

Valentine's Day

### **February 20th**

Presidents' Day

### **February 21st**

Mardi Gras

### **February 28th**

National Chocolate  
Souffle Day



## FEBRUARY 2023 NEWSLETTER



### ***Hello Residents & Families***

2023 is off to a great start for our Regency family. We would like to welcome our new residents! We look forward to making great new memories for all of us.

February is here and we know it's the month for love and Valentines. We plan to shower our community with more of both than they can imagine!

That's one thing I am always proud of is the priority we make to bring life, laughter, and love to our extended families. Please feel free to bring Valentines to your family members and share in the joy we are blessed with every day.

We are expanding our activities and look forward to warmer temps as spring approaches. We can't wait to showcase to our loved ones some great scenic adventures.

We welcome any ideas you have so please call 731-661-9888 and share them with our staff and we will blend them into our activity calendar.

We continue to appreciate and express our gratitude for allowing us to care for your loved one(s). God bless each of you!

***Carol Wright,***  
*Executive Director*



## 1950s Party

We celebrated the 1950s by having 1950s music and refreshments. The residents really enjoyed themselves!



## New Year's Candlelight Dinner

Residents savored an elegant candlelit dinner with entertainment!





## Rose Day

February 7th at 2:00 pm

We will be making roses out of tissue paper during our arts and crafts activity.



## National Pizza Day

February 9th at 11:30 pm

We will be celebrating National Pizza Day during lunch!



## Super Bowl Sunday

February 12th at 6:30 pm

The residents will be celebrating Super Bowl Sunday with refreshments and drinks.



### Valentine's Day Prom

February 14th at 2:00 pm

We will be having a Valentine's Day ball where we will be appointing a queen and king.



### Presidents' Day

February 20th at 10:30 am

We will be discussing presidents followed by trivia.



### Mardi Gras Party

February 21st at 2:00 pm

We will be having a Mardi Gras celebration with refreshments and drinks.



### National Chocolate Day

February 28th at 2:00 pm

We will be have different types of chocolates for our residents to taste.

Save  
the  
Date

- Feb. 7th** — Rose Day
- Feb. 9th** — National Pizza Day
- Feb. 12th** — Super Bowl Sunday

- Feb. 14th**— Valentine's Day Prom
- Feb. 20th** — Presidents' Day
- Feb. 21st** — Mardi Gras Party



### Martha Thomas

Mrs. Thomas made Regency her home over a month ago and has been very happy with her choice. She has one son and a daughter-in-law whom she cherishes dearly.

She enjoys staying active, church services, and listening to good music. Mrs. Thomas, we love you, and thank you for being a part of our Regency Family!



**WELCOME NEW RESIDENTS!** 🏠

- Mrs. Martha Thomas
- Mr. Robert Crawley
- Mrs. Patsy Ivy
- Mr. Robert Spencer
- Mrs. Dorothy Hudson
- Mr. Ed McGraw

## Happy Birthday



**Resident**

Mrs. Betty Harper	Feb. 1
Mr. James Youmans	Feb. 3
Mrs. Wilma Adcock	Feb. 10
Mrs. Barbara Graves	Feb. 15
Mrs. Margaret Goetze	Feb. 23



### FUN FACTS

- » On February 1, 1884, The Oxford Dictionary debuted.
- » In February 1893, Thomas A. Edison finished the construction of the first motion picture studio, the Black Maria located in West Orange, New Jersey.
- » The second full-length animated Walt Disney film, Pinocchio, premiered on February 7, 1940.
- » In 1972, the first hospital in the United States, Pennsylvania Hospital, opened on February 11th.
- » On February 2, 1848, U.S. and Mexico signed the Treaty of Guadalupe Hidalgo ending their war. The U.S. paid Mexico \$15 million in exchange for California, Nevada, Utah, Arizona, New Mexico, Colorado, Wyoming, and Texas.
- » February comes from “februa,” a Latin word meaning “to cleanse,” and was named after a month-long purification festival held this time of the year.
- » The probability of a February 29th birthday is 1 in 1,461. U.S. Census Bureau data reveals that only about 0.07% or 205,000 people in the U.S. have a February 29th birthday.
- » February is the only month in the year that could miss having a full moon. Some months get a blue moon (two full moons in a month), and February often ends up with none! When it does have a full moon, it’s known as the Snow Moon.
- » In February 1885, Mark Twain’s The Adventures of Huckleberry Finn was published for the first time.



WORD FIND

P J I C K A Q K J N S Y U B F D J M C I C E T R O  
 I I T K R O M A N C E F I V H R X D H C W D F A P  
 S P G A X F E B R U A R Y P R I M R O S E W H B H  
 C U D R Z L P I N O C C H I O T A F C G H I L B O  
 E L O W I Z D U L R F X V F L C W P O A V N P I X  
 S U G A Q U A R I U S F L I Q G L I L H G T J T F  
 G R O U N D H O G Z A M E B O K R C A O T E P F O  
 J L H G C P N V F L R O A Y I L P Y T X T R P C R  
 O A M E T H Y S T G J O P W R V E J E T P X I X D  
 H M S Q S L T J L Z P N Q L D J V T M D X I U V E

FEBRUARY  
 PISCES  
 CHOCOLATE

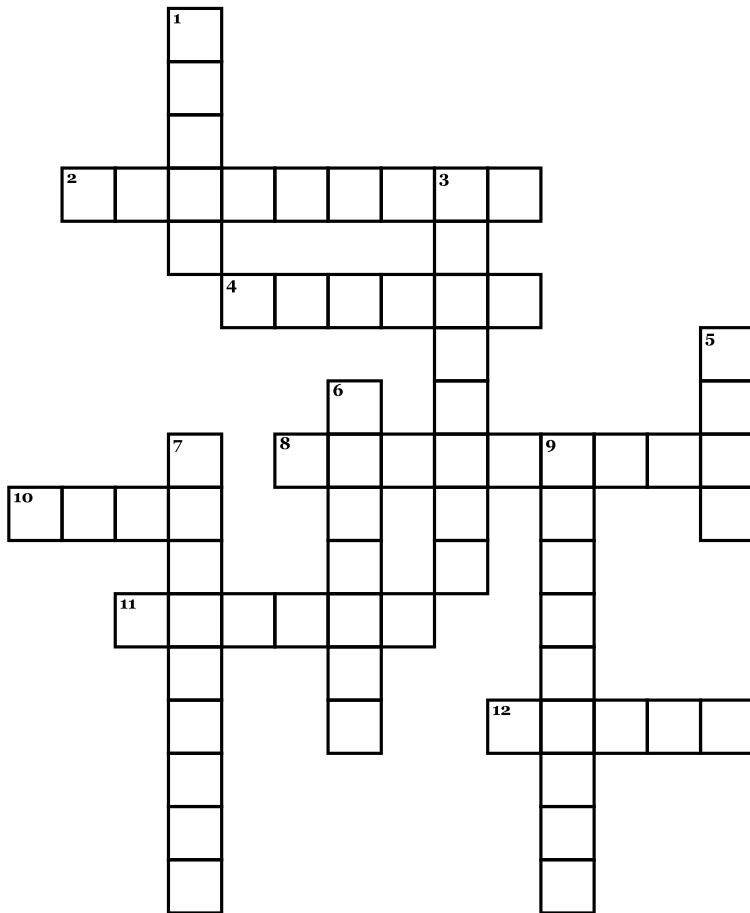
MOON  
 AMETHYST  
 VIOLET

LEAP  
 GROUNDHOG  
 RABBIT

PINOCCHIO  
 OXFORD  
 WINTER

ROMANCE  
 PRIMROSE  
 AQUARIUS

CROSS-WORD



**Down**

1. Chinese New Year is also known as the \_\_\_\_\_ New Year
3. One of February's birth flowers
5. Full moon in February name
6. Roses are red \_\_\_\_\_ are blue
7. Punxsutawney Phil's kind
9. It comes in a heart-shaped box

**Across**

2. Treaty of \_\_\_\_\_ Hidalgo
4. 2023 is the year of the \_\_\_\_\_
8. His nose grows when lying
10. Leap Year occurs every \_\_\_\_\_ years
11. Letters to \_\_\_\_\_
12. The first motion picture studio, \_\_\_\_\_ *Maria*

**EMPLOYEE OF THE YEAR**

**Walter Reid**



Walter began his career as a cook with Regency in January 2013. He has always been dedicated to his love of cooking, and also befriends our residents, becoming like family to them. The residents always look forward to starting their day with his heartfelt smile.

Cooking for the residents is a joy to him and not a job. He takes pride in fulfilling the residents' dietary needs. When he took a short break the staff and residents continued to check on him, and when he returned it was to open arms from everyone.

We need many more just like Walter. He is one of a kind and a great asset to Regency. We love you and thank you for being a part of our Regency Team.

**EMPLOYEE OF THE MONTH**

**D'andre Gray**

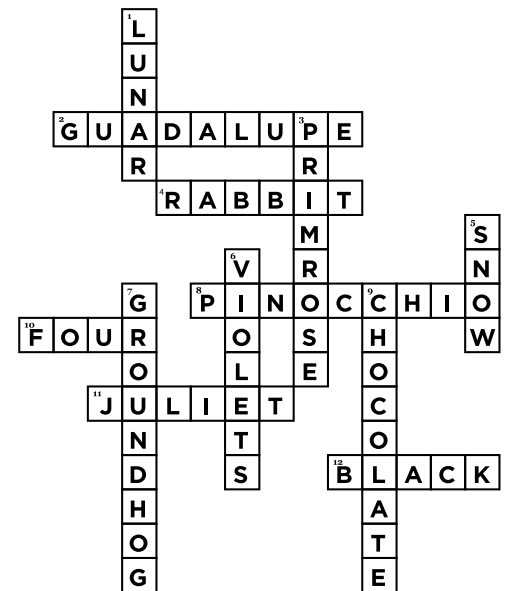
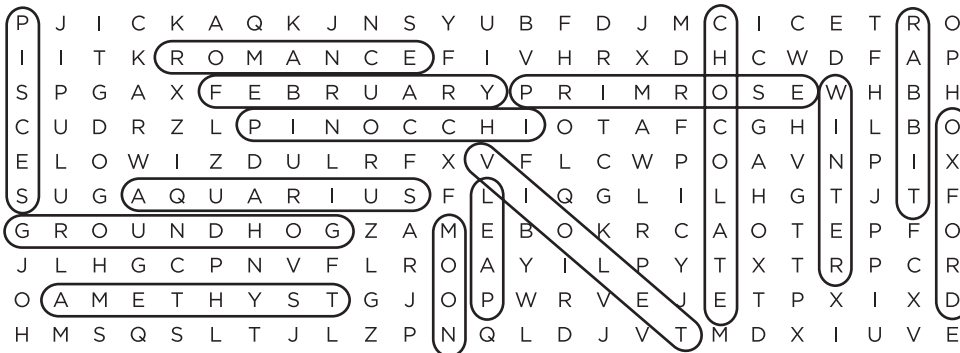


D'andre is an outstanding employee that works in our Dietary department. She goes above and beyond for our residents! Whatever needs to be done to make our residents' dining experience better she

does with a smile, she is awesome! We love you, Dee, and thank you for all that you do.



**ANSWER KEY**



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